

# Achieving Bronze

## Mid-Year Progress Report Checklist

- ☐ Coversheet
- ☐ November Newsletter

### **Bronze #1: 90 Minutes of Physical Activity Description**

- ☐ A description of how students are receiving 90-150 minutes of structured physical activity each week.

### **Bronze #2: Health Ed Core Curriculum Description**

- ☐ A statement that all teachers are teaching the USOE health ed core curriculum

### **Bronze #3: Gold Medal Mile Description**

- ☐ The school's GMM goal (how many miles or the destination)
- ☐ How you collect miles (passports, beans, punch cards, etc.)
- ☐ The total miles walked to date

### **Bronze #6: Heart Health Survey Description**

- ☐ Approximate date HHS were turned in